



Mossy Cottage Sock Patterns

CATALINA SOCKS®

These socks, which are named after and were originally knit for my sister Catalina who lives in hot southern California, are designed to be well-ventilated to keep your feet cool, hence the white cotton yarn, the short cuffs, and the open, net-like lace pattern.

Note: The finished socks will be laughably long, narrow, skinny and funny-shaped but, thanks to the Lycra in the Fixation yarn, will stretch considerably and satisfyingly when worn.

MATERIALS

- 2 balls of white (or any color) Cascade Fixation, 50 g skein. 100 yds relaxed, 186 yds stretched. You will have about half of one of the balls left over after you finish the socks so if you want to make the cuffs longer or need to make the feet longer, you will have a little yardage to play with.
- 1 set US #3 (3.25mm) double-pointed *aluminum* needles or size needed to obtain gauge. (**Note:** I recommend using aluminum needles because they work better with the “stickiness” of the Lycra in the Fixation.)
- 1 set US #4 (3.5mm) double-pointed *aluminum* needles or size needed to obtain gauge (see note above.)
- Small crochet hook (optional)
- Embroidery needle



GAUGE: On size 4 needles, 28 stitches = 4” in stockinette stitch

ABBREVIATIONS

- K = Knit
- P = Purl
- K2tog = Knit two stitches together. This will combine two stitches together with a right-leaning slant and reduce your stitch count by one.
- P2tog = Purl two stitches together. This will combine two stitches together with a left-leaning slant and reduce your stitch count by one.
- Ssk = Slip one stitch from the left needle to the right needle as if to knit; slip the next stitch the same way; insert the left needle into the two slipped stitches from left to right (top to bottom) and knit the two stitches together. This will combine two stitches together with a left-leaning slant and reduce your stitch count by one.
- Yo = Yarnover. Wrap the yarn under and around the right-hand needle and to the back again. This will make a loose, open stitch that will form the holes in the lace, and increase your stitch count by one.

SIZE: Women’s small to medium

STOCKINETTE LACE LADDER PATTERN (p. 189, “A Treasury of Knitting Patterns,” Barbara Walker)

Round 1: *Ssk, yo twice, k2tog, repeat from * around.

Round 2: *K1, k in the first yo, purl in the second yo, k1, repeat from * around.

Repeat rounds 1 and 2.

CAST ON AND DIVIDE: With size 3 needles, cast on 48 stitches. Rearrange the stitches so you have 16 stitches on each needle.

CUFF: Join without twisting the cast-on stitches, and K1, P1 for 1" or desired length.



ANKLE/LEG: Switch to larger needles. Begin Stockinette Lace Ladder pattern. Continue in pattern until the ankle is the desired length. End after having completed a Round 2 of the lace pattern. (The cuff and the ankle on the sample sock, combined, are only 2.5" long for a cool, airy, "summery" feel, but you can make them longer.)

HEEL: Turn the sock so needle 3 is on the side away from you. Purl across the 16 stitches on needle 3 and 8 more stitches from needle 2. You will now have 24 stitches on needle 3.

Rearrange the stitches on needles 1 and 2 until there are 12 stitches on each. You will now be knitting your heel on needle 3; needles 1 and 2 will remain idle temporarily. Bring needle 3 back in front of you and knit the heel as follows:

Row 1: *Slip the first stitch as if to purl, knit the next stitch, repeat from * across.

Row 2: Slip the first stitch as if to purl. Purl across.

Repeat Rows 1 and 2 until the heel is 2.5" long. End after knitting Row 1.

HEEL TURN

Row 1: P14, p2tog, p1.

Row 2: Slip 1 as if to knit, k5, ssk, k1.

Row 3: Slip 1 stitch as if to purl, p6, p2tog, p1.

Row 4: Slip 1 stitch as if to knit, k7, ssk, k1.

Row 5: Slip 1stitch as if to purl, p8, p2tog, p1.

Repeat rows 4 and 5, doing an ssk at the gap on the knit side and a p2tog at the gap on the wrong side, until you have 14 stitches left.

GUSSET STITCH PICKUP

Because of the elastic effect of the Lycra, the slip stitches along the edge of your heel will be unusually small, which means you will need to pick up more gusset stitches than you would using regular yarn.

1. Combine the stitches on needles 1 and 2 onto one needle.
2. With the heel to your right, and using an empty needle and the small crochet hook, pick up 16 stitches in the slip stitch edge that you created when you knit the heel.
3. Continue the Stockinette Lace Ladder pattern across the instep.
4. With the instep to your right, and using an empty needle, pick up 16 stitches in the slip stitch edge you created when you knit the heel.
5. Knit 7 stitches from heel needle onto needle 3. Slip the remaining 7 stitches from heel needle onto needle 1. You should now have 23 stitches each on needle 1 and needle 3 and 24 stitches on needle 2.

GUSSET / INSTEP

Round 1: *Needle 1:* K to last 3 stitches, k2tog, k1. *Needle 2:* Continue the Stockinette Lace Ladder pattern across instep. *Needle 3:* K1, ssk, k to end.

Round 2: *Needle 1:* Knit. *Needle 2:* Continue the Stockinette Lace Ladder pattern across instep. *Needle 3:* Knit.

Repeat Rounds 1 and 2 until you have 12 stitches each on needle 1 and needle 3. Including the stitches on needle 2, you will now have 48 stitches total again.

FOOT

Needle 1: Knit. *Needle 2:* Continue the Stockinette Lace Ladder pattern. *Needle 3:* Knit.

Continue in this manner until you reach the desired length of the foot, approximately 1.25" shorter than finished length. (The elasticity of the Fixation will make for an unusually short toe.) End after having knit Round 2 of the Stockinette Lace Ladder Pattern.

TOE

Round 1: *Needle 1:* Knit to last 3 stitches, K2tog, K1.

Needle 2: K1, SSK, knit to last 3 stitches, K2tog, K1.

Needle 3: K1, SSK, knit to end.

Round 2: Knit.

Repeat Rounds 1 and 2 until there are 6 stitches on needles 1 and 3 and 12 stitches on needle 2.

Repeat Round 1 twice. You will now have 4 stitches on needles 1 and 3 and 8 stitches on needle 2.

Knit the stitches from needle 1 onto needle 3.

Cut yarn, leaving long enough strand to graft toe and to weave in yarn end.

GRAFT: Graft toe together. Weave in yarn ends using the embroidery needle.

